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Homemade Diet For Dogs

Basic recipe for homemade diets, using the following grains, meats, and vegetables:

- Grains: Brown rice, barley, or corn meal
- Meats: Beef, rabbit, chicken, turkey, beef hearts/liver, or chicken gizzards
- Vegetables: Broccoli, squash, carrots, string beans (a mix of fresh vegetables is recommended)

For an Adult dog the mix of the food should be as follows:

- 25% meat/protein source
- 50% grain source
- 25% vegetable source.

For example give 1/4 cup of meat, with 1/4 cup of mixed vegetables, with 1/2 cup of grains.

Younger dogs require a higher protein level than a grown animal.

- 30% meat/protein source
- 60% grain source
- 10% vegetable source.

All the food sources may be cooked and kept in the refrigerator and fed daily. A new batch of food should be made at least 2 times per week.

Vitamin Supplementation:

- Recommend Standard Process Canine Whole-Body Support (This can be purchased here at Scottsdale Veterinary Clinic), or a good quality commercial vitamins and mineral supplement.
- Add extra vitamin C the form of sodium ascorbate to the diet. Puppies should get 250 mg of vitamin C daily, as should small dogs, 500 mg daily for medium size dogs, and 750 mg daily for large dogs.
- Fatty Acid oil supplement is also required- Eicosaderm is a supplement that can be obtained at Scottsdale Veterinary Clinic that has a good combination of omega 3 and 6 fatty acids. An alternative, is using cold pressed olive oil- 1 teaspoon for small dogs, 1 and 1/2 tablespoons for large dogs. Cod liver oil or fish oil can be used in addition to olive oil as it provides a good source of vitamin A and antioxidants which help in arthritis conditions- use 1 teaspoon for medium size dogs.
- Kelp powder or other sea weeds as a seasoning to one meal daily- use about 1/4 teaspoon.

Another option for your pet's diet is to have the diet formulated on line, based on your pets needs and tastes. The following websites offer diet formulation for a fee:

WWW.PETDIETS.COM
WWW.BALANCEIT.COM